

# Job Exploration Counseling (assessment based)

**Careerworks, Inc.**

**eXplore Program**

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# Careerworks, Inc. - eXplore

Based on an MSDE Grant Funded Program created by Careerworks, Inc. and Vocation Validation, LLC and offered in Anne Arundel County in 2008/2009

Purpose: to equip students with information to help them make choices on pathways in school, activities outside of school that could influence decision-making and resources for after graduation.

Amended for PreETS to include updated materials, logistics for offering services outside of school hours, team building and training.

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## Components

- Direct Instruction on how to make a career choice
- Individual Interview
- Assessment
  - Interests
  - Temperaments
  - Work Values
  - Work Personality
  - Learning Style
- Exploration
- Personal Planning

## Outcomes

- Detailed report with action plan addressing three time frames:
  - what the student can do in school
  - what the student can do after school, on weekends, and during summers
  - what the student can do after graduation
- Return of materials to the student  
(including resources for further exploration on their own)

*(eXplore does not take into account disability, behavior, academics or other potential barriers to employment)*

# JEC Benefits

- Gets the student thinking about life after high school
- Gives the student the preliminary tools for independent career decision making
- Identifies appropriate work-based learning experiences for the student
- Provides motivation and a reason to do well in school
- Promotes self-advocacy
- May reduce the need for services in adulthood

# JEC Concerns

- Scheduling
- Permissions in open environments
- Referral of older students (missing some time points for services) - perhaps not as large a pool of younger students (yet)
- eXplore Job Exploration Counseling ≠ Exploratory Career Assessment
- Learning curve with PreETS

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